Violence is preventable.

If we can learn it, we can unlearn it. Violence is not healthy for people and other living things. If we can see it, we can stop it.

Silence is violence. If we can talk about it, we can change it.

## **Purpose of the Curriculum**

The purpose of this curriculum is threefold:

- 1) to prevent youth in general from resorting to acts of violence, coercion and/or abuse in order to dominate and control others:
- 2) to re-educate those youths who have already begun to exhibit the effects of abuse and violence within their own interpersonal relationships; and
- 3) to build skills around knowledge, ability, and self-agency (the ability to govern ones own actions and reactions).

# In Touch With Teens Curriculum At-A-Glance

Unit 1: Roots of Violence: Global and Local

Unit 2: Power and Control: Personal Power vs. Dominance

Unit 3: Recognizing Unhealthy Relationships

Unit 4 : Bullying

Unit 5: Breaking the Cycle of Violence

Unit 6 : Creating Healthy Relationships

Unit 7: Sexual Assault and Coercive Control

Unit 8 : Respectful Sexuality

Unit 9 : Sexual Harassment

Unit IO: Media Impact

Unit II: Choose Peace Over Violence

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• For more details go to www.peaceoverviolence.org / www.youthoverviolence.org

### Sales Information: \*\*

Private Nonprofit Price: \$ 230.00 + sales tax + shipping

Schools and Others Price: \$ 250.00 + sales tax + shipping

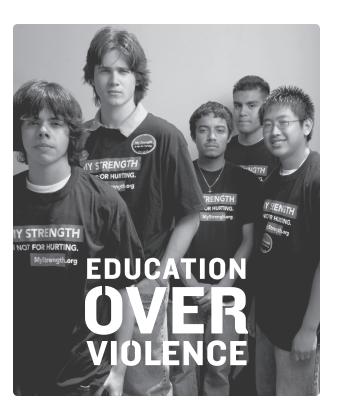
DETACH AND RETURN TO PEACE OVER VIOLENCE

X

\*\* Includes one year of technical assistance, an interactive cd, and limited supplemental updates.

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In Touch With Teens Curriculum is a nationally recognized relationship violence prevention curriculum developed with urban youth in Los Angeles to change social norms around issues of violence in their relationships, homes and communities. It has been successfully implemented with diverse groups of high school and middle school aged youth from throughout the United States. And, it has proven effective in increasing knowledge about teen dating violence, sexual violence, and sexual harassment, as well as empowering youth to identify and eliminate unhealthy behavior.



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## IN TOUCH WITH TEENS **CURRICULUM**

