Violence is preventable. If we can learn it, we can unlearn it. Violence is not healthy for people and other living things. If we can see it, we can stop it. Silence is violence. If we can talk about it, we can change it.

### Purpose of the Curriculum

The purpose of this curriculum is threefold:

1. to prevent youth in general from resorting to acts of violence, coercion and/or abuse in order to dominate and control others;
2. to re-educate those youths who have already begun to exhibit the effects of abuse and violence within their own interpersonal relationships; and
3. to build skills around knowledge, ability, and self-agency (the ability to govern one's own actions and reactions).

### In Touch With Teens Curriculum At-A-Glance

- **Unit 1**: Roots of Violence: Global and Local
- **Unit 2**: Power and Control: Personal Power vs. Dominance
- **Unit 3**: Recognizing Unhealthy Relationships
- **Unit 4**: Bullying
- **Unit 5**: Breaking the Cycle of Violence
- **Unit 6**: Creating Healthy Relationships
- **Unit 7**: Sexual Assault and Coercive Control
- **Unit 8**: Respectful Sexuality
- **Unit 9**: Sexual Harassment
- **Unit 10**: Media Impact
- **Unit 11**: Choose Peace Over Violence

### Sales Information: **

- **Private Nonprofit Price**: $230.00 + sales tax + shipping
- **Schools and Others Price**: $250.00 + sales tax + shipping

**Includes one year of technical assistance, an interactive CD, and limited supplemental updates.

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* For more details go to [www.peaceoverviolence.org](http://www.peaceoverviolence.org) / [www.youthoverviolence.org](http://www.youthoverviolence.org)

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* Make Checks Payable to Peace Over Violence

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Federal Tax I.D. 51-0179305 / Fair Market Value - FMV $250/curriculum
In Touch With Teens Curriculum is a nationally recognized relationship violence prevention curriculum developed with urban youth in Los Angeles to change social norms around issues of violence in their relationships, homes and communities. It has been successfully implemented with diverse groups of high school and middle school aged youth from throughout the United States. And, it has proven effective in increasing knowledge about teen dating violence, sexual violence, and sexual harassment, as well as empowering youth to identify and eliminate unhealthy behavior.