


Committed men are responsible for their actions.

**What is your
commitment?**

#CommittedMen

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- ☑ The majority of men respect women and believe violence against woman is never justified.**
 - ☑ Men and boys must play a critical role in ending violence against women and girls.**
 - ☑ Men are already at work on strategies to prevent the violence.**

● **Commitment** is a choice
and an act!

**Are you committed to
playing your role to
end violence against
women?**

Committed men



- report abusive and violent behavior to a trusted adult.**
- speak out and stand up when someone is acting in an abusive way.**
- encourage and support their peers to speak out and stand up against violence against women.**

Your words are your
commitment!

**Are you committed to
use the power of your
words to encourage
and help your partner
instead of harm them?**

Committed men

- never say negative things or gossip about women and girls in person or on social media.
- speak out when their peers make harmful jokes about women and girls.
- use positive and supportive words in all their relationships.

● **Equality and respect,**
not control and aggression!

**Are you committed to
equality and respect in
your relationships?**

Committed men

- ☑ respect their partners' decisions.
- ☑ communicate how they feel and make sure their partner feels safe to do the same.
- ☑ listen and are willing to compromise because everyone's opinions matter equally.

Are you committed?

**Get connected • Get educated
Be an upstander**



@AVDA_C2CLeaders

www.iamcourageous.org

AVDA

24-Hour Hotline: (800) 355-8547 TTY
www.avdaonline.org

FCADV

(800) 500-1119 or TTY (800) 621-4202
Florida Relay 711
www.fcadv.org

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Florida Coalition Against Domestic Violence



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