Domestic Violence and Health
A Three-Part Training Series

Training 1 ~ Tuesday, July 17 ~ Domestic Violence, Trauma and Health:
An overview of the dynamics and prevalence of domestic violence, exploring the relationship between domestic violence and health. Participants will learn evidence-based skills for health care providers to deliver universal screening/education and prevention messages about healthy relationships and helping those exposed to abuse.

Training 2 ~ Tuesday, Sept. 11 ~ Taking “Collective Care:” Understanding Trauma and Finding Realistic Ways to Help Ourselves, Our Clients, and Our Organizations Build Resilience [Part 1]: Traumatic experiences and chronic adversity are a reality for many of us – our clients, families, staff, and surrounding communities. This two-part training series will examine trauma with the goal of collaboratively identifying simple and realistic strategies to help recognize and respond to the impact of trauma by taking “collective care” of ourselves no matter our role (client, service provider, supervisor, parent, coworker). Part One of this two-part training session will focus on deepening our understanding of trauma and the tenants of trauma-informed services. Participants will leave with a greater understanding of resiliency and healthy coping strategies.

Training 3 ~ Tuesday, Nov. 6 ~ Taking “Collective Care:” Understanding Trauma and Finding Realistic Ways to Help Ourselves, Our Clients and Our Organizations Build Resilience [Part 2]: During Part Two, we’ll continue the discussion from Part One and look at the impact of trauma on the organization. We will identify strengths and challenges to see organizational patterns, and will explore tools to promote the health and well-being of the organization and its members in affirming and meaningful ways.

All three trainings will be held at the DPH Training Room, from 9 to 11 a.m.
Edgehill Shopping Center, 43 S. DuPont Highway, Dover, DE 19901

To register, email karen.mcglo Ughlin@state.de.us
or call 302-744-4940